



**Second Annual Gumbo Cook-Off
Raffle and Silent Auction**

Rules and Regulations:

- \$50.00 Entry Fee per Team
- Teams can begin registration at 10:00 am. Cooking can begin after registration.
- The gumbo must be cooked on Crawfish Town USA Pavilion Grounds. Each team will have up to a 12x12 area; due to limited space and unpredictable weather it is recommended that you bring a pop up tent.
- Each team can consist of 1-4 contestants.
- Each team must supply all ingredients, utensils, tables, portable burners, for cooking.
- We will provide serving cups, plastic spoons, and paper napkins for those sampling your gumbo.
- Each team must prepare a minimum of 2 gallons of gumbo with 3 judge’s portions. (rice is optional for judging)
- Each team will provide necessary quantity of cooked rice. There is a limited supply of power to run rice pots so we are allowing teams bring rice already cooked.
- Gumbo must be cooked from scratch within the time allowed, on site. Roux may be pre-cooked. We allow ingredients to be prepared prior to cook-off (onions, peppers, garlic, stocks, etc)
- Sausage allowed will be any ingredients in a casing.
- Teams must keep areas clean during event and responsible for cleaning their own cooking areas
- Crawfish Town USA will provide a cash bar which some of the proceeds will go to Heartstrings and Angel Wings. (no outside drinks allowed)
- Awards and prizes given for First, Second, and Third Place
- **DEADLINE for registration is March 13, 2009**

Heartstrings and Angel Wings was formed in honor of Heath Logan - a Breaux Bridge area premature baby related to some of our members - born 16 weeks too soon. Micro preemie baby clothing is not readily available, and often hard to find, so our goal is to provide clothing for all babies in order to relieve a little of the stresses felt by parents with babies in Neonatal ICU and provide comfort to the baby. Our service provides comfort for families because they can view their loved one in everyday clothing and sparing them the stresses of finding clothing this small. The premature babies we provide clothing for range from 1 pound or less to 5 pounds in weight. Most babies stay for weeks or months in Neonatal ICU. The items we provide families with are shirts, gowns, hats, blankets, incubator covers, etc.

Our Mission

Heartstrings and Angel Wings is a non-profit charity organization which provides clothing and other handmade items for babies in Neonatal Intensive Care Units. The items we provide aid in comforting the babies and uplift the spirits of the baby's family members.

Contact Colt Patin for more information at (337) 277-6745

Team Name: _____

Team Captain: _____

Captain Address: _____

Phone: (____) _____ email: _____

- Chicken and Sausage Gumbo
- Seafood Gumbo

A portion of the proceeds from this event will be donated to the March of Dimes

**The Gumbo Cook-Off will be held at
Crawfish Town USA®
Saturday, March 13, 2010 Fais Do Do**

Under the Pavilion

Registration	10:00 am
Judging	6:00 pm
Serving Begins	7:00 pm
Awards	9:30 pm

Categories:

Chicken and Sausage Gumbo
Seafood Gumbo

“Live Music-The Nik-L Beer Band”

Cut bottom portion of page and mail entry form
and \$50.00 Entry Fee to:
Heartstrings & Angel Wings
1064 Huval Rd
Breaux Bridge, LA 70517

****Make checks payable to Heartstrings and Angel Wings****

Heartstrings and Angel Wings is a non-profit organization

www.heartstringsandangelwings.org